

HOSPITAL CHECKLIST FOR COLONOSCOPY/FLEXIBLE SIGMOIDOSCOPY

Patient Name: _____

Phone No.: _____

Date of Visit: _____

Doctor: _____

BEFORE YOUR HOSPITAL VISIT

If You're Taking Any Medication:

- Write down any medicines you're currently taking. List the exact **name, dosage and number of times a day** you take each medicine.
- Remember, never take any medication without first checking with your nurse once you're in the hospital.

Aspirin/Anti-Inflammatories:

- Unless your doctor tells you otherwise, avoid aspirin and anti-inflammatories for 1 -2 weeks prior to surgical procedures or tests that could cause bleeding. If you're not sure if a particular medicine contains an anti-inflammatory or aspirin, ask your doctor.

Eating and Drinking:

- It's important that you have nothing to eat or drink after midnight on the night before your procedure.
- If you are taking a medicine at home that has a morning dose, ask your doctor if he or she wants you to stop the medication the night before your admission/procedure.

WHEN YOU ARRIVE AT THE HOSPITAL

What You Should Tell Us:

- If you've ever had a reaction to a medicine, local anesthetic, tape, latex or skin cleanser
- Any special needs you may have, such as religious or dietary preferences
- If you'll need special physical assistance
- If there's ANY possibility that you **COULD** be pregnant
- If you've brought any prescriptions from home
- Please let your physician know if:
- You develop an acute illness or have an asthma attack within three days prior to your scheduled procedure.

